

GRIEF SUPPORT RESOURCES

- [Center for Loss & Life Transition](#) is an organization dedicated to helping people who are grieving and those who care for them by offering resources and understanding. For more information, you may also call 970-226-6050.
- [Give An Hour](#) is a national network of volunteers capable of responding to both acute and chronic conditions that arise within our society by harnessing the skill and expertise of volunteer professionals to increase the likelihood that those in need receive the support and care they deserve.
- [Department of Veterans Affairs Bereavement Counseling](#) offers bereavement support to parents, spouses, and children of active duty, the National Guard, or reserve members who die while on military duty. For more information, you may also call 202-461-6530.
- [The Compassionate Friends](#) provides highly personal comfort, hope, and support to every family experiencing the death of a son or daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family. For more information, you may also call 877-969-0010.
- [Vets4Warriors](#) is a 24/7 peer support network committed to ensuring that all veterans, service members, their families, and caregivers always have direct and immediate access to a peer who understands their life experiences and the challenges they face and can provide support whenever they confront an issue, wherever they are in the world. For more information, you may also call 855-838-8255.
- [AirCRAFT Casualty Emotional Support Services \(ACCESS\)](#) is an air disaster bereavement support network dedicated to connecting those who have survived or lost loved ones in private, military, and commercial airplane crashes, as well as other aviation tragedies with individuals who have lived through similar losses.
- [Hospice Foundation of America](#) educates the public and health care professionals about death, dying, and grief by bringing together the nation's leading experts to contribute to books, web-based tutorials and programs, and videos. For more information, you may also contact 800-854-3402.
- [Open to hope](#) helps people find hope after loss through articles, books, television, and podcast broadcastings and allows you to share your stories of hope and compassion.
- [eCondolence.com](#) provides guidance about expressing condolences, grief and coping, and bereavement, as well as tools and resources to plan and coordinate following the loss of a loved one.
- [What's Your Grief](#) promotes grief education, exploration, and expression in both practical and creative ways by providing resources related to understanding and coping with grief and loss, guidance on how to help a grieving friend or family member, online courses about grief and supporting someone who's grieving, resources, education and training for grief counselors, volunteers and other professions in related fields, a podcast about grief, and a support community.
- [Domani for grief](#) provides grief support, honest conversation, and a heartfelt community through resources and information available to begin the healing process. You can explore courses, read blogs, join live events, and sign-up for their monthly newsletter.
- A survivor of suicide created the survivors of Suicide Website. www.survivorsofsuicide.com
- Hospice Foundation of America Variety of resources on grief <https://hospicefoundation.org/End-of-Life-Support-and-resources/Grief-Support.aspx>
- The Compassionate Friends Assists families following the death of a child of any age. www.compassionatefriends.org
- AARP Grief and loss resources www.aarp.org/families/grief_loss
- Website GriefNet.org An internet community of persons dealing with grief, death, and major loss. www.griefnet.org

PROFESSIONAL RESOURCES

- [Association for Death Education and Counseling](#) (ADEC) is an international, professional organization dedicated to promoting excellence and recognizing diversity in death education, care of the dying, grief counseling, and research in thanatology. For more information, you may also call 612-337-1808.
- The [Association of Traumatic Stress Specialists](#) is a professional membership organization of individuals engaged in and committed to excellence in trauma services, response, and treatment. For more information, you may also call 864-294-4337.
- The [International Society for Traumatic Stress Studies](#) (ISTSS) is an international interdisciplinary professional organization that promotes the advancement and exchange of knowledge about traumatic stress. For more information, you may also call 847-686-2234.
- [National Alliance for Grieving Children](#) (NAGC) is a professional membership organization that raises awareness about the needs of children and teens grieving a death and provides education and resources for anyone who supports them. For more information, you may also call 866-432-1542.
- [National Center for Post Traumatic Stress Disorder](#) (PTSD) aims to advance the clinical care and social welfare of America’s veterans and others who have experienced trauma or who suffer from PTSD through research, education, and training in the science, diagnosis, and treatment of PTSD and stress-related disorders.

MILITARY-RELATED ORGANIZATIONS AND RESOURCES

- [The American Legion](#)
- [American Widow Project](#) supports military widows through peer-based support programs designed to educate, empower, inspire and assist them in taking steps forward to their new normal.
- [American Gold Star Mothers Inc.](#) is an organization of mothers whose sons or daughters died in the line of duty or died due to injuries while on active duty. For more information, you may also call 202-265-0991.
- [Arlington National Cemetery](#)
- [Army Times](#)
- [Army and Air Force Mutual Aid Association](#)
- [Caregiver Support](#) If you are caring for a Veteran, the VA Caregiver Support Program offers training, educational resources, and a variety of tools to help you succeed. Call **1-855-260-3274**, 8 a.m.–8 p.m. ET, Monday–Friday for advice on being a caregiver. Find your [local Caregiver Support Coordinator](#).
- [Coaching Into Care](#) This VA program provides guidance to Veterans’ family members and friends for encouraging a reluctant Veteran they care about to reach out for support with a mental health challenge. Free, confidential assistance is available by calling **1-888-823-7458** Monday – Friday, 8 a.m. – 8 p.m. ET, or emailing CoachingIntoCare@va.gov.
- [Gold Star Pins](#)
- [Gold Star Wives of America, Inc.](#) is a congressionally chartered organization that provides information to active-duty and service-connected widows and widowers on pertinent matters such as benefits and legislative and support services.
- [Got Your Back Network](#)
- [Military.com](#)

- Military OneSource's To talk with a fellow peer veteran coach, confidential peer support services at 800-342-9647. This service is available 24 hours a day, 365 days a year.
- [Presidential Memorial Certificate](#)
- [National Guard Association of the United States](#)
- [National Resource Directory](#) is an online partnership for wounded, ill, and injured servicemembers, veterans, their families, and families of the fallen and those who support them.
- [Navy Gold Star Program](#)
- [Navy Mutual Aid Association](#)
- [Real Warriors](#) Real Warriors, a program through the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE), provides information and resources about psychological health, Posttraumatic Stress Disorder (PTSD), and traumatic brain injury. Call **1-866-966-1020**, available 24/7. [Chat online 24/7.](#)
- [Society of Military Widows](#)
- [War Vet Call Center](#) The War Vet Call Center is a confidential call center where combat Veterans and their families can call to talk about their military experience or any other issue they are facing in their readjustment to civilian life. Call **1-877-WAR-VETS (1-877-927-8387)**, 24/7.
- [Women Veterans Call Center](#) The Women Veterans Call Center (WVCC) provides VA services and resources to women Veterans, their families, and caregivers. You can also chat online anonymously with a WVCC representative. Call **1-855-VA-Women (1-855-829-6636)** 8 a.m.–10 p.m. ET, Monday–Friday; 8 a.m.–6:30 p.m. ET, Saturday. [Chat](#) 8 a.m.–10 p.m. ET Monday–Friday, 8 a.m.–6:30 p.m. ET, Saturday.

FUNERAL RESOURCES

- [Funeral Consumers Alliance](#)
- [Funeral Service Foundation](#) offers multiple resources and guides to support the funeral service profession, families, and communities.
- [Resources for Survivor Spouses](#)

BEREAVEMENT SUPPORT

- [Army Survivor Outreach Services \(SOS\)](#)
- [The Centering Corporation](#)
- [Griefnet](#)
- [Hospice Foundation of America](#)
- [Legacy Connect](#)
- [The Open to Hope Foundation](#)
- [Tragedy Assistance Program for Survivors \(TAPS\)](#)

FOR FAMILIES

- [Military Families United](#)
- [National Military Family Association](#)

- [Tragedy Assistance Program for Survivors \(TAPS\)](#)

FOR SIBLINGS, PARENTS & GRANDPARENTS

- [American Gold Star Mothers, Inc.](#)
- [Bereaved Parents of the USA](#)
- [The Compassionate Friends \(TCF\)](#)
- [Tragedy Assistance Program for Survivors \(TAPS\)](#)

FOR CHILDREN & ADOLESCENTS

- [The Dougy Center](#)
- [National Alliance for Grieving Children](#)
- [Snowball Express](#)
- [Traumatic Grief in Military Children](#)
- [When Families Grieve: Talk, Listen and Connect](#)
- [Military Child Education Coalition \(MCEC\)](#) <http://www.militarychild.org> 254-953-1923
- [Military OneSource](#) <https://www.militaryonesource.mil/search/?s=grief> 1-800-342-9647
- [National Association of Home Care and Hospice \(NAHC\)](#) <http://www.nahc.org> 202-547-7424
- [National Child Traumatic Stress Network \(NCTSN\)](#) <http://www.nctsn.org>
- [National Military Family Association \(NMFA\)](#) <http://www.nmfa.org> 1-800-260-0218
- [The Centering Corporation](#) <http://www.centering.org> 1-866-218-0101
- [Tragedy Assistance Program for Survivors \(TAPS\)](#) <http://www.taps.org/youth/> 1-800-959-8277 (959-TAPS) (24-hour hotline)
- [Tricare: Your Military Health Plan](#) <http://www.tricare.osd.mil>
- [ZERO TO THREE \(Military Families\)](#) http://www.zerotothree.org/site/PageServer?pagename=key_military 202-638-0851

FOR WIDOWS/WIDOWERS/PARTNERS

- [American Widow Project](#)
- [Gold Star Wives of America, Inc.](#)
- [National Widower's Organization](#)
- [Society of Military Widows](#)
- [Tragedy Assistance Program for Survivors \(TAPS\)](#)
- [WidowNet](#)

SUICIDE AWARENESS AND PREVENTION

- [American Association of Suicidology \(AAS\)](#)
- [American Foundation for Suicide Prevention \(AFSP\)](#)

- [Mission 22](#)
- [National Suicide Prevention Lifeline](#)
- [Suicide Awareness Voices of Education \(SAVE\)](#)
- [Tragedy Assistance Program for Survivors \(TAPS\)](#)

Other Helpful Organizations

- [The American Legion](#)
- [Heroes Notes](#)
- [Hope for the Warriors](#)
- [Travis Manion Foundation](#)
- [USO](#)